

Work Package 1 Support2Work research: The impact of Employment Advisers (EAs) in NHS Talking Therapies (TTs) on work-related outcomes: a staggered difference-in-difference analysis

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1. Background

- Model of care: Referral to NHS TTs, those individuals facing work-related difficulties receive Talking Therapy (TT) and where available and selected by individual, Employment Advice (EA)
- Purpose being to gain, retain or return to work
- EAs were introduced at different times in different areas.

2. Research

2.1. Do EAs within NHS TTs improve work related outcomes?

2.2. How do these outcomes differ by:

- Socio-demographic groups?
- Work circumstances?
- Features of EA or TT received?

3. Outcomes observed

- Employed or not (based on income)
- Earnings/amount of income
- Receiving benefits or not

4. Methods

Staggered difference-in-difference (DiD):

Changes in outcomes over time between groups who received EA in addition to TT compared to groups who only received TT.

Requirements of a minimum of two TT sessions for both groups and a minimum of one EA session for the group seeing an EA.

5. What may affect outcomes, why & how?

5.1. Socio-demographic factors

- Men are expected to experience a larger impact than women
- Younger people are expected to experience a larger impact than older individuals
- Ethnic minorities are expected to experience a larger impact than White British individuals
- Those with both depression and anxiety are expected to experience a larger impact than those with either depression or anxiety individually
- Those from deprived areas are expected to experience a larger impact than those from affluent areas
- Blue collar workers are expected to experience a larger impact than white collar workers

5.2. Work circumstances

- In work and working
- In work but off sick
- Out of work

5.3. Features of Employment Advice and Talking Therapy

- Number of EA sessions
- EA sessions starting before/after/during therapy